

# Mount Pleasant Primary School

## CANTEEN MENU Term 2 2023

Phone: 0476482780

Order at the canteen by 8:45 am or  
online at [www.quickcliq.com.au](http://www.quickcliq.com.au) by 8:30

Open Monday - Friday

Helpers needed! [www.volunteersignup.org/DQAAP](http://www.volunteersignup.org/DQAAP)

V= vegetarian H=Homemade

GREEN = Healthy Choice

AMBER = Sometimes

### COLD FOOD

#### Sushi

Choose- chicken, tuna, or smoked salmon	\$7.00
Salad bowl + dinner roll V	\$4.00
Fruit Salad bowl V	\$5.00
Pesto Pasta salad V H	\$5.50
Pesto Pasta & Chicken or Tuna salad H	\$6.50

#### SANDWICHES H

##### BREAD IS WHOLEMEAL,

Salad (lettuce, tomato, cucumber, carrot)

Vegemite V	\$3.00
Salad sandwich V	\$4.00
Ham, chicken, egg, baked beans or tuna	\$4.00

Add 50c for a wrap or roll

Add cheese 50c, add salad 50c, add mayo \$0

Add \$1.50 for gluten free bread/wrap

### RECESS- A variety is available everyday

\$2.50 Fruit salad cup, fruit salad and custard
\$2.20 muffin, custard cup, ham and cheese scroll, pasta cup
\$1.50 cheesie,
\$1.00 honey joy
50c – pikelet
50c - popcorn
50c – fruit balls or choc balls

All above items HOMEMADE except custard

### HOT

5 chicken nuggets, salad* & dinner roll	\$5.50
3 chicken nuggets, salad* & dinner roll	\$4.50
Spaghetti H	\$5.50
Macaroni Cheese V H	\$5.50
Teriyaki Chicken and Rice	\$5.50
Homemade Pumpkin Soup with a roll H	\$5.50
Lasagne	\$5.00

Pizza, Hawaiian, Ham & Cheese,

gjhbjljjhhMargarita H

\$5.00

Sweet chilli chicken & salad wrap	\$6.50
Chicken tender & salad wrap (gf + \$1.50)	\$6.50
Sweet chilli chicken (mayo/lettuce) wrap	\$5.50
Chicken tender (mayo/lettuce) wrap (gf+\$1)	\$5.50

\* changes to salad cups are not available

#### Toasted Sandwiches H

Cheese V	\$4.00
Baked beans, ham or chicken	\$4.00

Add cheese 50c, add tomato 40c

Gluten free bread add \$1.50

### EXTRAS

Sauce – tomato	30c
Grain Waves or vegie chips	\$1.50
Dinner roll V	60c
Boiled egg V	\$1.00
Weetbix & milk in a cup	\$1.50

### TUESDAY SPECIAL!!

HOMEMADE SAUSAGE ROLL!

\$5.00

### Drinks & Yogurts

Vanilla or strawberry yoghurt	\$2.00
Water	\$1.20
Juice – apple, OJ or apple/blackcurrant	\$2.00
GLEE—Blackcurrant, Raspberry or Tropical	\$2.50
Flavoured Milk – Chocolate or Strawberry	\$2.60
Plain milk	\$1.30
Milk with sippah straw	\$2.30
Hot Milo	\$2.00

### LUNCH ICECREAMS

Quelch	.60
Nippy's Frozen Juice Cup	\$1.00
Icecream bucket- choc or vanilla	\$1.50
Lemon sorbet	\$1.50
Frozen Yoghurt	\$2.50
Freezie H	30c