

Mount Pleasant Primary School

CANTEEN MENU Term 3 2017

Canteen Manager: Julie 0430 141 282

Order at the canteen by 8:45 am or
online at www.ouronlinecanteen.com.au by 8:30

Open Mondays, Wednesdays and Fridays

Parent Help Needed

COLD FOOD

Sushi – chicken, tuna, or smoked salmon	\$6.00
Salad tray + dinner roll V	\$4.00
Fruit Salad tray V	\$4.00
Pesto Pasta salad V	\$5.00
Pesto Pasta & Chicken or Tuna salad	\$6.00

SANDWICHES

BREAD IS WHOLEMEAL,

Salad (<i>lettuce, tomato, cucumber, carrot</i>)	
Vegemite V	\$3.00
Salad sandwich V	\$4.00
Ham, chicken, egg, baked beans or tuna	\$4.00
Add 50c for a wrap or roll	
Add cheese 50c, add salad 50c, add mayo \$0	

HOT

5 chicken nuggets, salad & dinner roll	\$5.50
3 chicken nuggets, salad & dinner roll	\$4.50
Spaghetti	\$5.00
Macaroni Cheese V	\$5.00
Lasagne	\$5.00
Teriyaki Chicken and Rice	\$5.00
Pizza, Hawaiian, Ham & Cheese,	
Margarita	\$4.50
Sweet chilli chicken & salad wrap	\$6.00
Chicken tender & salad wrap	\$6.00
Sweet chilli chicken (mayo/lettuce) wrap	\$5.00
Chicken tender (mayo/lettuce) wrap	\$5.00
NEW Homemade Sausage Roll	\$4.50
NEW Homemade Pumpkin Soup w/roll V	\$5.00
<u>Toasted Sandwiches</u>	
Cheese V	\$4.00
Baked beans, ham or chicken	\$4.00
Add cheese 50c, add tomato 40c	
WHILE STOCKS LAST- Shepherd's Pie	\$5.00

EXTRAS

Sauce – tomato	30c
Grain Waves or vegie chips	\$1.20
Dinner roll V	60c
Boiled egg V	\$1.00
Weetbix & milk in a cup	\$1.50

RECESS - A variety is available each day

\$1.20 muffin, custard cup, custard & fruit salad cup, cup of chopped fruit, cheesie, ham and cheese scroll, pasta cup
\$1.00 honey joy
50c – pikelet
40c - popcorn
20c – fruit balls or choc weetbix balls

Drinks & Yogurts

Vanilla or fruit yoghurt	\$1.70
Choc yogo	\$1.80
Water	\$1.20
Flavoured Water- Strawberry, Lemon lime, Or Orange Peach	\$2.00
Juice – <i>apple, OJ or apple/blackcurrant</i>	\$1.50
GLEE—Bcurrant, Strawberry, Berry Blast	\$2.00
Up & Go – choc, strwb, vanilla, banana	\$1.60
Flavoured Milk - Choc, Strawberry or	
Choc mint	\$2.50
Plain milk	\$1.20
Milk with sippah straw	\$2.20
Hot or cold milo cup	\$1.20

LUNCH ICECREAMS

½ icy poles	50c
Quelch	60c
Vanilla icecream bucket	\$1.20
Frozen strawberry yoghurt	\$1.20
Paddle pop – <i>choc or rainbow</i>	\$1.50
Fandangle- Fairy Floss or	
ChocMarshmallow	\$1.50
Callipos – <i>red</i>	\$1.20
Paddle Pop Icy Twist	\$1.20
Paddle Pop Tropical Yoghurt	\$1.20
Freezie on straws	20c

V= vegetarian