

Mount Pleasant Primary School

CANTEEN MENU Term 4 2018

Canteen Manager: Julie 0430 141 282

Order at the canteen by 8:45 am or

online at www.QuickCliq.com.au by 8:30

Open Mondays, Wednesdays and Fridays

Parent Help Needed

COLD FOOD

Sushi

Choose- chicken, tuna, or smoked salmon	\$6.00
Salad tray + dinner roll V	\$4.00
Fruit Salad tray V	\$4.00
Pesto Pasta salad V	\$5.00
Pesto Pasta & Chicken or Tuna salad	\$6.00

SANDWICHES

BREAD IS WHOLEMEAL,

Salad (*lettuce, tomato, cucumber, carrot*)

Vegemite V	\$3.00
Salad sandwich V	\$4.00
Ham, chicken, egg, baked beans or tuna	\$4.00

Add 50c for a wrap or roll

Add cheese 50c, add salad 50c, add mayo \$0

HOT

5 chicken nuggets, salad & dinner roll	\$5.50
3 chicken nuggets, salad & dinner roll	\$4.50
Spaghetti	\$5.00
Macaroni Cheese V	\$5.00
Lasagne	\$5.00
Teriyaki Chicken and Rice	\$5.00
Pizza, Hawaiian, Ham & Cheese, Margarita	\$4.50
Sweet chilli chicken & salad wrap	\$6.00
Chicken tender & salad wrap	\$6.00
Sweet chilli chicken (mayo/lettuce) wrap	\$5.00
Chicken tender (mayo/lettuce) wrap	\$5.00
Homemade Sausage Roll	\$4.50
Ham and Cheese Quiche w/ Salad	\$6.00
Vegetable Quiche w/ Salad V	\$6.00

Toasted Sandwiches

Cheese V	\$4.00
Baked beans, ham or chicken	\$4.00

Add cheese 50c, add tomato 40c

EXTRAS

Sauce – tomato	30c
Grain Waves or veggie chips	\$1.20
Dinner roll V	60c
Boiled egg V	\$1.00
Weetbix & milk in a cup	\$1.50

RECESS - A variety is available each day

\$1.20 muffin, custard cup, custard & fruit salad cup, cup of chopped fruit, cheesie, ham and cheese scroll, pasta cup

\$1.00 honey joy

50c – pikelet

40c - popcorn

20c – fruit balls or choc weetbix balls

Drinks & Yogurts

Vanilla or strawberry yoghurt	\$1.80
Choc yogo	\$2.00
Water	\$1.20
Juice – <i>apple, OJ or apple/blackcurrant</i>	\$1.50
GLEE— <i>Blackcurrant, Raspberry or Tropical</i>	\$2.00
Up & Go – chocolate, strawberry or vanilla	\$1.60
Flavoured Milk – <i>Chocolate or Strawberry</i>	\$2.50
Plain milk	\$1.20
Milk with sippah straw	\$2.20
Hot or cold milo cup	\$1.20

LUNCH ICECREAMS

½ icy poles	50c
Quelch	60c
Vanilla icecream bucket	\$1.50
Paddle pop – <i>choc or rainbow</i>	\$1.50
Callipos – <i>red</i>	\$1.20
Paddle Pop Icy Twist	\$1.20
Frozen Yoghurt Twist- <i>Chocolate, Strawberry</i>	
Or <i>Mango Watermelon</i>	\$2.00
Freezie	20c

V= vegetarian