How the Community can Support Anaphylaxis Management

Mount Pleasant Primary School does not ban any particular types of food; however, we hope a supportive approach can be adopted by our community to assist in the provision of a safe environment for students who suffer life threatening anaphylactic reactions.

The most common allergens are nuts (hazelnuts, almonds, walnuts, pecans, cashews etc.) and some seafood.

For some students the exposure to these allergens can send them into anaphylactic shock. Examples of how exposure can occur are: eating this food, eating products which have been exposed to these allergens via cross contamination either at home or at a factory, touching food or touching something which has been exposed to these foods (i.e. if a child eats Nutella then touches a desk/swing and then the anaphylactic student touches it).

Please consider the use of these foods, particularly if you know your child is in the same class as a child who suffers from this condition: all nuts, nut spreads, Nutella and muesli bars containing nuts.